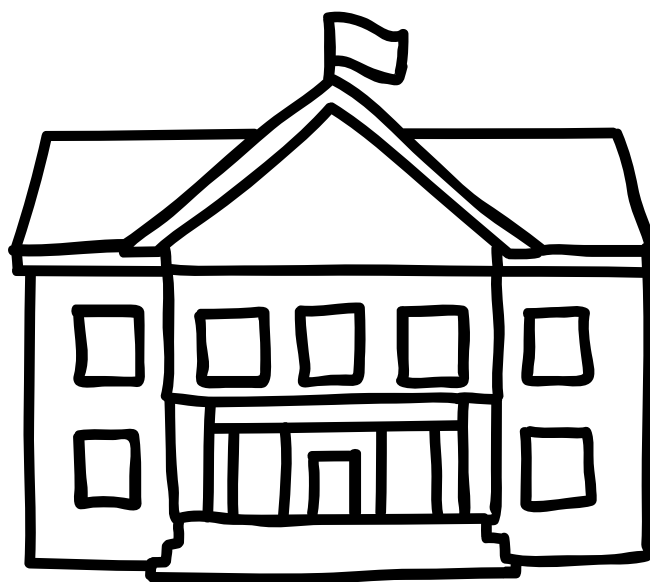


BACK-TO-SCHOOL REFLECTIONS

By Paragon Health





The start of school can be a challenging time for many, especially with the continued uncertainty of the pandemic. This booklet was created by Paragon Health to provide a creative way for children to reflect on their feelings about their return to school.

If you have any concerns about a child's transition back to school, please do not hesitate to reach out for support.

paragonhealth.ca





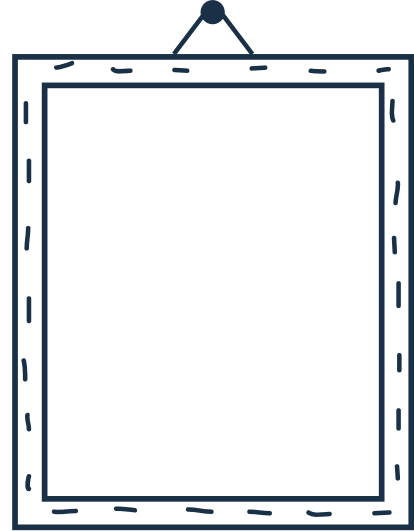
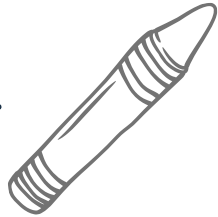
ALL ABOUT ME!

HELLO

My name is

I am in grade _____

My favourite colour is



PICTURE OF ME

MY FAVOURITE ACTIVITIES ARE

SOMETHING I AM GOOD AT IS

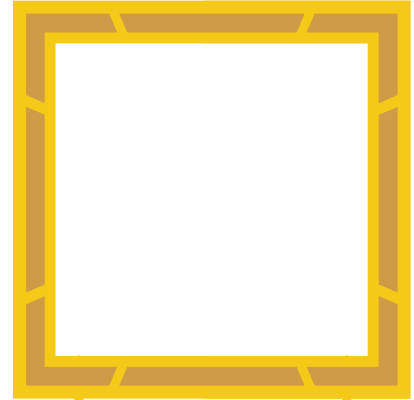


MY SCHOOL

My school is called

My teacher's name is

My favorite thing to learn about is



MY TEACHER

HERE IS A PICTURE OF ME AT SCHOOL

HOW I FEEL ABOUT GOING TO SCHOOL



[Empty box for writing]

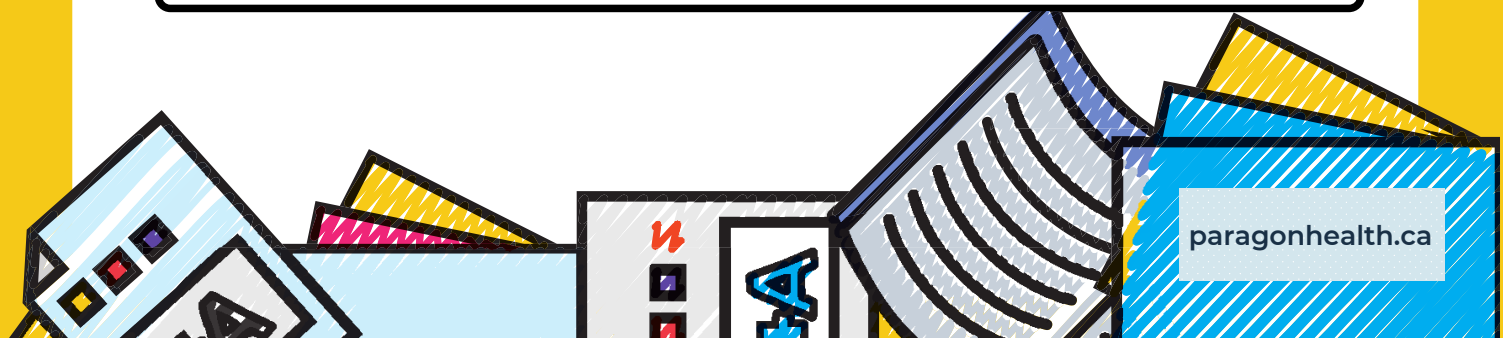
THE BEST PARTS OF BEING AT SCHOOL ARE

[Empty box for writing]

WHAT I DONT LIKE ABOUT BEING AT SCHOOL IS

[Empty box for writing]

SOMETHING I WOULD CHANGE ABOUT SCHOOL IS



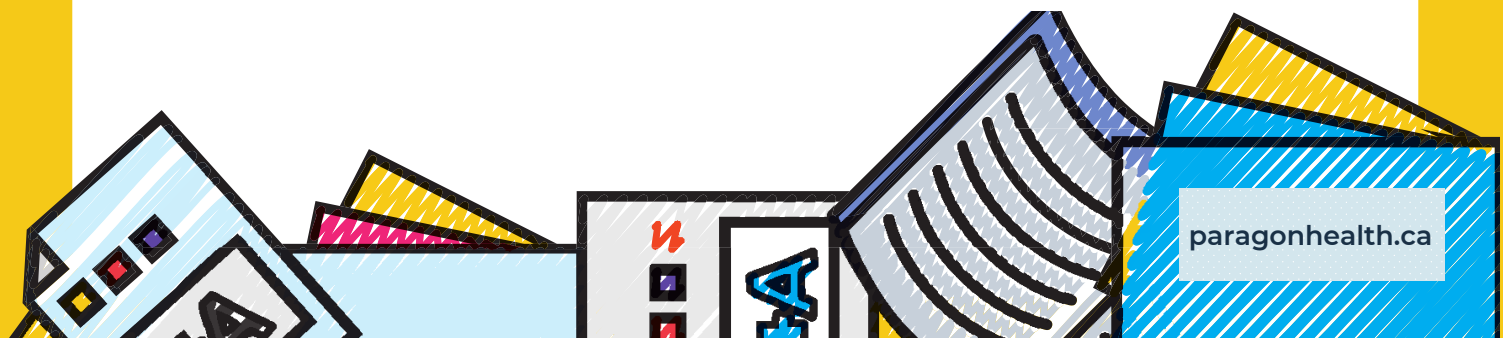


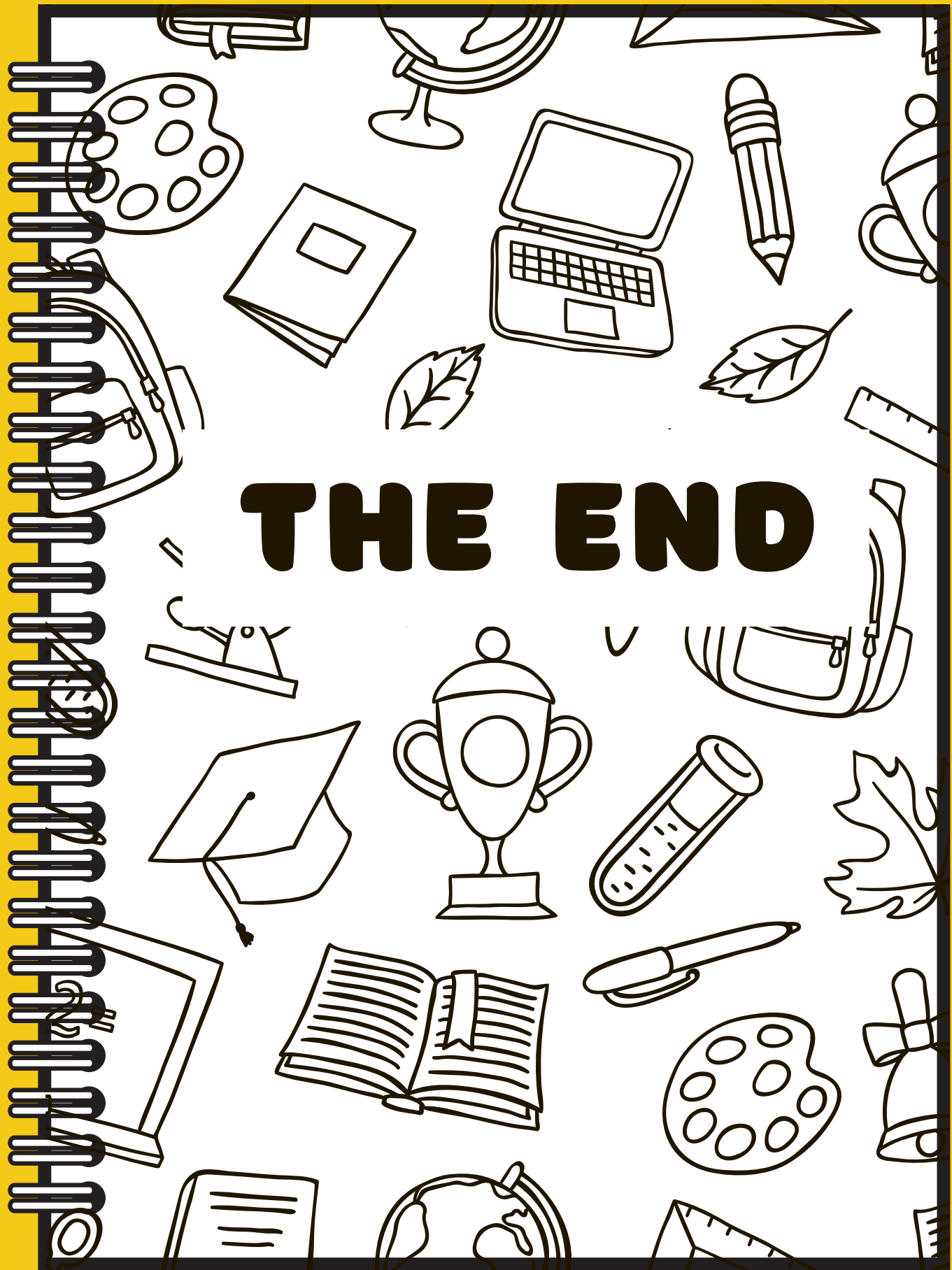
A large empty rectangular box with a black border, intended for writing.

HOW THIS YEAR IS DIFFERENT FROM LAST YEAR

A large empty rectangular box with a black border, containing three numbered wish prompts. Each prompt consists of a number (1, 2, or 3) followed by a yellow star on a pink wand.

3 WISHES THAT I HAVE FOR THIS YEAR





THE END